

Scriptural Examples of Connecting Through Tradition

- Genesis 12: 708 (NKJV)
- Numbers 15: 37- 41 (NKJV)
- Acts 3:1 (NKJV)

What Are Our Pitfalls?

_____ : Without attention ritual becomes an empty exercise that fills us with insincerity.

_____ : It is not enough for us to cultivate holiness; we must reach out and minister to others. Amos 5:21-24. Jesus says that religion without substance is hypocrisy.

_____ : Religious practice can powerfully enhance a person's faith, but it can also destroy corporate faith if it is used to criticize, measure, or divide.

Suggestions for the Road:

1. Select a Psalm to say every morning and one for each evening; Practice liturgical prayer (see Book of Common Prayer)
2. Set a regular time and place to meet with the Lord each day.
3. Follow the Church calendar and celebrate significant days, e.g. Pentecost, Advent, Fasting, Devotions
4. Find areas of sacrifice

ASCETICS - LOVING GOD IN SOLITUDE AND SIMPLICITY

Who Are We?

- I feel closest to God when I am alone and there is nothing to distract me from focusing on his presence.

THE THREE WORLDS OF ASCETICS

1. SOLITUDE
2. AUSTERITY (SIMPLICITY, MINIMALISTS, NON-MATERIALISTIC)
3. STRICTNESS OR DISCIPLINE

Scriptural Examples of Connecting Ascetically

- Matthew 4: 1-2 (ESV)
- Matthew 6: 5-6 (ESV)
- Matthew 14: 13 (ESV)
- Matthew 13: 22-23 (ESV)
- Matthew 26: 36 (ESV)

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